

Meals Include

Waffle Potato Fries™
or Chips + Tea
or Soft Drink



...

SUBSTITUTE
Your Side for
\$1.36 More



Fruit Cup ✓



Superfood Side ✓



Chicken Soup ✓



Side Salad ✓



look for choices
350 cal and under

Original Meals

1

Chick-fil-A® Chicken

6.99 meal 660-1010 cal
3.89 entree 440 cal

...

Chick-fil-A® Deluxe

with lettuce, tomato &
American cheese

7.59 meal 720-1070 cal
4.49 entree 500 cal

2

Spicy Deluxe

with lettuce, tomato &
Pepper Jack cheese

7.99 meal 760-1100 cal
4.85 entree 540 cal

...

Spicy Chicken

7.39 meal 670-1020 cal
4.25 entree 450 cal

3

Chick-fil-A® Nuggets

8ct

7.09 meal 480-830 cal
3.99 entree 260 cal

12ct

8.85 meal 610-960 cal
5.75 entree 390 cal

4

Chick-n-Strips™

3ct

7.39 meal 550-900 cal
4.29 entree 330 cal

4ct

8.75 meal 670-1010 cal
5.65 entree 450 cal



Chick-fil-A® Chicken



Spicy Deluxe



Sauces
add 30-140 cal



Grilled Meals

5

Grilled Chicken

with lettuce & tomato

8.55 meal 530-880 cal

5.35 entree 310 cal ✓

gluten-free bun available

1.15 000 cal



6

Grilled Nuggets

8ct

7.95 meal 360-710 cal

4.79 entree 140 cal ✓

12ct

10.09 meal 430-780 cal

6.99 entree 210 cal ✓



Sauces
add 30-140 cal

7

Grilled Chicken Club

with lettuce, tomato, bacon &
Colby-Jack cheese

9.89 meal 660-1010 cal

6.69 entree 440 cal



8

Grilled Cool Wrap®

with grilled chicken, lettuce,
cabbage, carrots & shredded
cheese

9.39 meal 570-920 cal

6.29 entree 350 cal ✓



Dressings
add 25-310 cal

Sauces



Chick-fil-A®
Sauce
add 140 cal



Polynesian
add 110 cal



Honey
Mustard
add 45 cal



Garlic &
Herb Ranch
add 140 cal



Zesty
Buffalo
add 25 cal



Barbeque
add 45 cal



Sweet &
Spicy Sriracha
add 45 cal

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request. Breaded chicken is cooked in 100% refined **peanut oil**. Waffle Potato Fries™ and Hash Browns are cooked in **canola oil**. Before placing your order, please inform your server if a person in your party has a food allergy.

Salads



Dressings
add 25-310 cal

Cobb

Nuggets with mixed greens, carrots, red cabbage, cheese, eggs, bacon, tomatoes & corn
8.59 430 cal

510 cal with toppings

Market

Grilled chicken with mixed greens, carrots, red cabbage, blue cheese, apples & berries
8.59 200 cal

330 cal with toppings

Spicy Southwest

Grilled spicy chicken with mixed greens, carrots, red cabbage, cheese, peppers, tomatoes, corn & black beans
8.59 290 cal

440 cal with toppings



look for choices
350 cal and under

Dressings



Avocado Lime Ranch
add 310 cal



Creamy Salsa
add 290 cal



Zesty Apple Cider Vinaigrette
add 230 cal



Garlic & Herb Ranch
add 280 cal



Fat Free Honey Mustard
add 90 cal



Chili Lime Vinaigrette
add 60 cal



Light Balsamic Vinaigrette
add 80 cal



Light Italian
add 25 cal

Sides



Waffle Potato Fries™

M 1.99 360 cal
L 2.25 460 cal

Waffle Potato Chips (gluten-free)

1.85 220 cal

Fruit Cup

M 3.35 50 cal
L 4.75 70 cal

Superfood Side

S 3.19 140 cal
L 4.29 180 cal

Chicken Soup

S 3.19 130 cal
L 5.45 240 cal

Side Salad

3.35 160 cal

Greek Yogurt Parfait

with cookie crumbs or granola

3.49 220/250 cal

Drinks



Freshly-Brewed Iced Tea

Unsweetened or Sweet

M 1.79 0/120 cal
L 2.09 0/170 cal

Fresh-Squeezed Lemonade

Diet or Regular

M 2.19 50/220 cal
L 2.45 80/300 cal

Soft Drinks

M 1.79 0-210 cal
L 2.09 0-340 cal

Cold Brew Iced Coffee

Original or Vanilla

S 2.85 140/160 cal
L 3.19 180/200 cal

DASANI

1.79 0 cal

Treats



Hand-Spun Milkshakes

Cookies & Cream Chocolate

S 3.65 610 cal 580 cal
L 4.09 780 cal 740 cal

Strawberry Vanilla

S 3.65 610 cal 520 cal
L 4.09 780 cal 650 cal

Frosted Lemonade

Available with Diet Lemonade

S 3.65 250/320 cal
L 4.09 310/400 cal

Frosted Coffee

S 3.65 240 cal
L 4.09 300 cal

Icedream® Cone

S 1.45 170 cal
L 1.89 250 cal

Chocolate Chunk Cookie

1ct 1.39 350 cal
6ct 7.69 350 cal per cookie

Kids Meals

include a Small Side, Small Drink + a Special Surprise



Entrees

A Chick-fil-A® Nuggets

4ct 4.39 130 cal
6ct 5.39 190 cal

B Grilled Nuggets

4ct 4.75 70 cal
6ct 5.95 110 cal

C Chick-n-Strips™

1ct 3.95 110 cal
2ct 5.25 220 cal

Sides

Waffle Potato Fries™

S 280 cal

Fruit Cup

S 45 cal

Cinnamon Apple Sauce

60 cal

Drinks

Honest Kids® Appley Ever After®

Organic Juice Drink
35 cal

Low Fat Milk Plain or Chocolate

90-160 cal

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